SPONSOR FORM

❑ I plan to complete _____ laps (2 3/4 miles per lap)
at Green Lake on March 14, 2009

The minimum pledge is $10.00 per sponsor.

Participant Name: _____

Participant Address: _____

City/State: _____ Zip: _____

Phone: (_____) _____ Email: _____

WAIVER: I hereby waive all claims against the Linda Lyons Foundation (LLF), its sponsors, and its personnel for any injury I might suffer in this event.

_____
Participant's signature required

_____
Parent/Guardian signature if participant is under 18 years old

Please fill in sponsor name, address, and phone. Complete either per segment or single gift column. If a sponsor is prepaying, place a check in the last column.

Please ask sponsors to make checks payable to:
LINDA LYONS FOUNDATION

Did you raise $25.00 or more?
If so, indicate size for your FREE T-Shirt
T-Shirt Size: ❑ S ❑ M ❑ L ❑ XL
Adult Sizes

Please Print Clearly

Sponsor Name	Street	City	Zip	Phone	$ Pledged Per Lap	Fixed Amt Pledge	Prepaid ✓
Chris Walker	123 Main Street	Seattle	98101	206-555-1212	$5.00		
John Runner	123 Central Blvd	Bellevue	98004	425-555-1212		$50.00	✓

Total Raised $ _____

INSTRUCTIONS:

1. Complete the Participant Information and sign waiver at top of form
2. Contact family, friends, neighbors for sponsorship. Complete ALL info for sponsors.
3. Bring this Sponsor Form with any prepaid pledges with you to Run For Youth Event
4. Complete your segments and fill in total on the form. Turn form and $ at check-in.

Linda Lyons Foundation will be happy to contact your sponsors by mail to collect the balance of your pledges. All sponsor information must be complete and accurate.